



# The Aging Services Network: Partner for a Healthier Community

2015 Health Center and Public Housing National Symposium

September 28, 2015



## Overview

- The Administration for Community Living (ACL)
  - Background
  - ACL's Authorizing Statutes and Programs
- The Older Americans Act and the Aging Network
- Health Promotion Programs at ACL/AoA
- Collaborative Opportunities

# Background

ACL was established to achieve several important objectives:

- Reduce the fragmentation among federal programs addressing the community living service and support needs of older adults and persons with disabilities
- Enhance access to quality health care and long-term services and supports for all individuals
- Promote consistency in community living policy across other areas of the federal government
- Complement community infrastructures to better respond to special needs populations



# The Administration for Community Living is:

- Administration on Aging (AoA)
  - Administration on Disability (AoD)
  - Administration for Intellectual and Developmental Disabilities (AIDD)
  - The Independent Living Administration
  - Paralysis Resource Center
  - State Health Insurance Assistance Programs (SHIPs)
  - National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR)
  - Traumatic Brain Injury (TBI) Program
- 
- ACL is charged with developing policies and improving supports for seniors and persons with disabilities of all ages.

# ACL Today: Authorizing Statutes & Programs

- **Older Americans Act of 1965** (as amended)
- **Public Health Service Act Programs**
  - Section 398 – Alzheimer’s Disease Supportive Services Program (ADSSP)
  - Title XXIX – Lifespan Respite Care Program
- **Health Insurance Portability and Accountability Act of 1996 (HIPAA)** – Health Care Fraud and Abuse Control (HCFAC) funds
  - Senior Medicare Patrol
- **Developmental Disabilities Assistance and Bill of Rights Act of 2000 (DD Act)**
- **Help America Vote Act (HAVA)**
- **Workforce Innovation and Opportunity Act of 2014 (WIOA)**
  - Independent Living Services/Centers for Independent Living
  - Assistive Technology Act
  - National Institute on Disability, Independent Living and Rehabilitation Research (NIDILRR)
- **Other Programs**
  - State Health Insurance Assistance Program (SHIP)
  - Paralysis Resource Center
  - Limb Loss Resource Center
  - The Traumatic Brain Injury (TBI) Act



# The Older Americans Act: Flexible Core Programs & Services

## **Title III-B,C, D & E: Health and Independence**

- In-home & community Services (transportation, homemaker...)
- Congregate and Home-Delivered Meal Programs
- **Health promotion & disease prevention**
- Caregiver Support

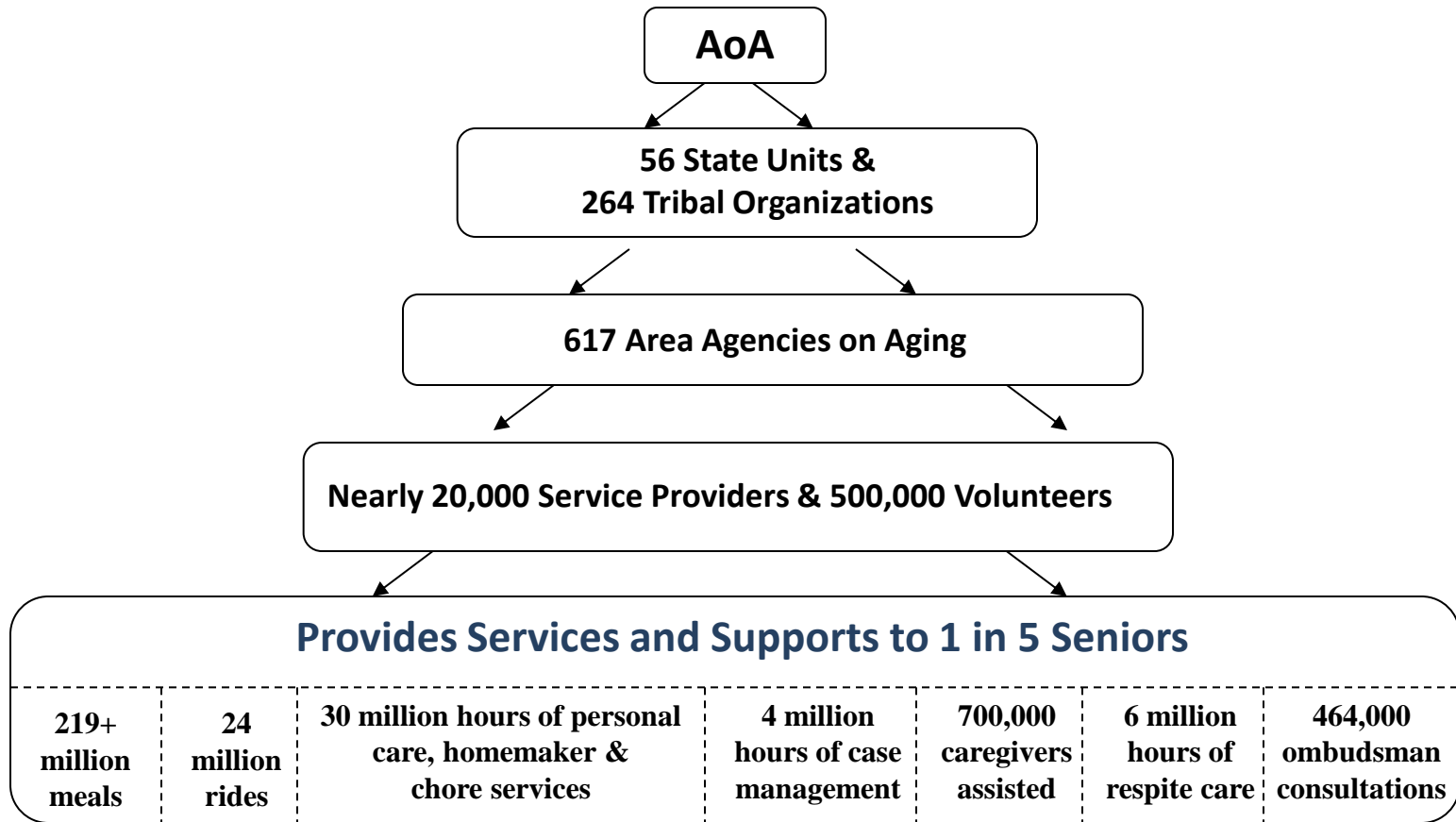
## **Title VI: Programs and Services for American Indians, Alaska Natives & Native Hawaiian Elders**

- Services are comparable to Title III

## **Title VII: Protection for Vulnerable Elders**

- Long-Term Care Ombudsman
- Prevention of Elder Abuse, Exploitation
- Legal Services

# The OAA, Administered by the Administration on Aging (AoA), Helps 11 Million Seniors Remain at Home Through Low-Cost, Community-Based Services





# Health Promotion and Disease Prevention in the Older American Act

- Title IIID of the OAA provides grants to States and Territories based on their share of the population aged 60 and over for programs that support healthy lifestyles and promote healthy behaviors, such as exercise classes and group education.
- Moderate funding; \$19,681,204 in FY2015
- All programs supported must be evidence-based, and meet standards of implementation and effectiveness
- Priority is given to serving elders living in medically underserved areas of the state/territory or who are of greatest social or economic need.



# Chronic Disease Self-Management Education

- Currently administering 30 grants made possible through the Prevention & Public Health Fund (PPHF)
  - Long history of AoA support
    - 2003-2012: Grants to 24 states
    - 2010-2013: Recovery Act grants to 45 states, DC and PR
    - 2012 & 2015: PPHF grants to
  - National Resource Center funded to support/stimulate best practices
- Evidence-based approach that helps older adults learn how to manage their chronic health conditions more effectively.  
Outcomes include:
    - Better health (self-reported health, pain, fatigue, depression)
    - Better care (patient-physician communication, medication compliance, confidence filling out medical forms)
    - Less use of services (fewer ER visits and hospitalizations)

# Falls Prevention

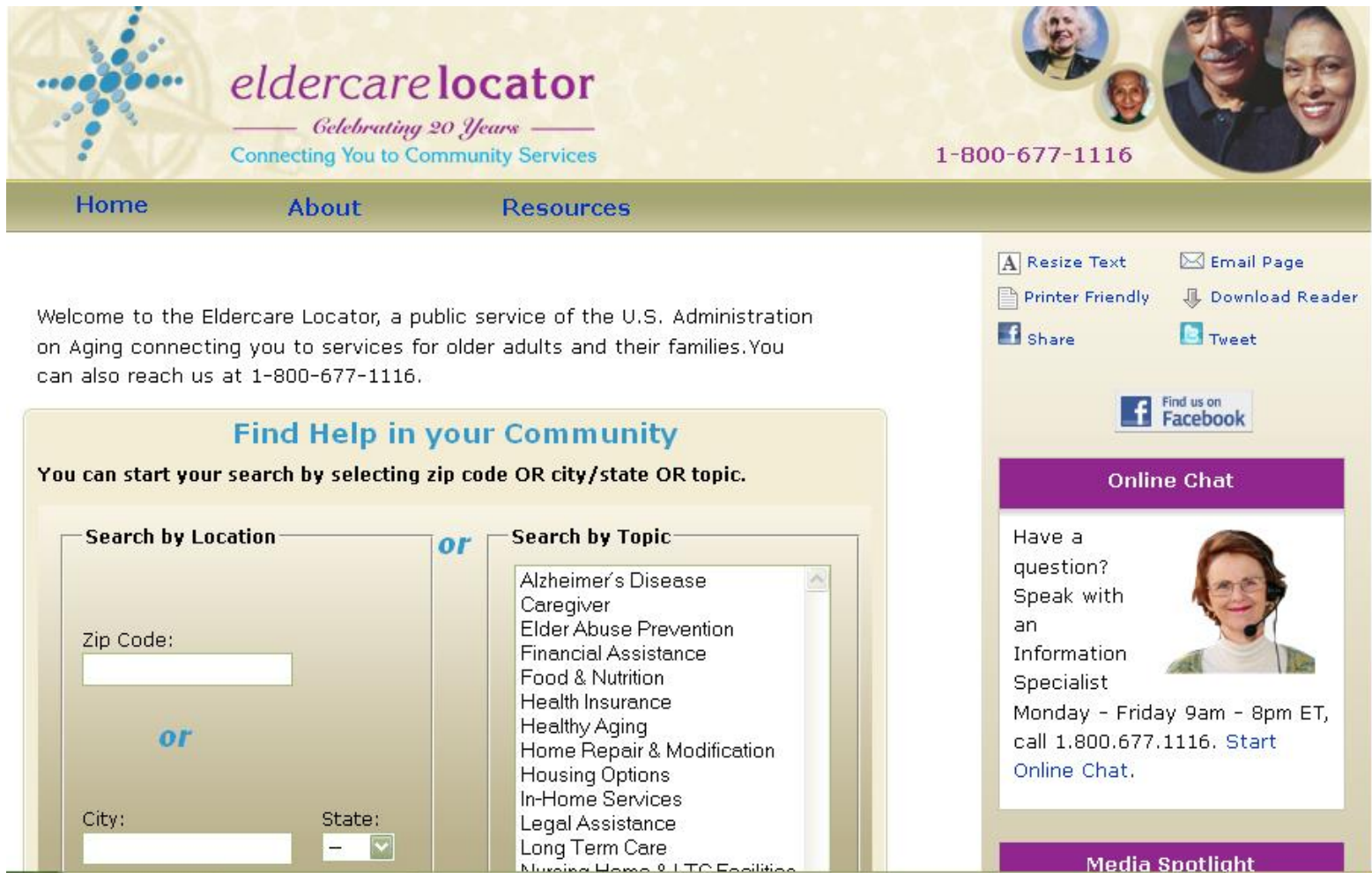
- Goal: reach older individuals living in communities across the nation with evidence-based programs that help reduce falls and falls risk.
  - Programs vary: person-to-person interventions such as exercise classes, group education, home modifications, and/or medication management.
  - Commonly known community-based programs are called *A Matter of Balance*, Tai Chi, and *Stepping On*.
- Currently administering 22 grants made possible through the Prevention & Public Health Fund (PPHF)
  - Four Tribal grantees
  - Emphasis on sustainability and partnering with health

# Collaborative Opportunities with the Aging Network

- Connect with SUAs and AAAs ([NASUAD.org/n4a.org](http://NASUAD.org/n4a.org))
- Participate in planning activities at the state/local levels
- Look for opportunities to co-locate programs & services
- Co-brand messaging and joint outreach activities
- Establish referral protocols between Health Centers, housing programs, AAAs and local service providers
- Inclusion in resource directories and I&R databases
- Cross training of staff, consumers and family caregivers

# Eldercare Locator

[www.eldercare.gov](http://www.eldercare.gov)



The image shows the header and search interface of the Eldercare Locator website. The header features the logo, a 20th anniversary banner, and navigation links. Below the header is a welcome message and a search section titled 'Find Help in your Community'. The search section has two columns: 'Search by Location' with input fields for zip code, city, and state, and 'Search by Topic' with a list of service categories. To the right of the search section are utility links (Resize Text, Email Page, Printer Friendly, Download Reader, Share, Tweet) and an 'Online Chat' button with a specialist's photo and contact information.

**eldercare locator**  
— Celebrating 20 Years —  
Connecting You to Community Services

1-800-677-1116

[Home](#) [About](#) [Resources](#)

Welcome to the Eldercare Locator, a public service of the U.S. Administration on Aging connecting you to services for older adults and their families. You can also reach us at 1-800-677-1116.

### Find Help in your Community

You can start your search by selecting zip code OR city/state OR topic.

**Search by Location** *or* **Search by Topic**

Zip Code:

*or*

City:  State:


- Alzheimer's Disease
- Caregiver
- Elder Abuse Prevention
- Financial Assistance
- Food & Nutrition
- Health Insurance
- Healthy Aging
- Home Repair & Modification
- Housing Options
- In-Home Services
- Legal Assistance
- Long Term Care
- Nursing Home & LTC Facilities

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**Online Chat**

Have a question? Speak with an Information Specialist



Monday - Friday 9am - 8pm ET, call 1.800.677.1116. Start Online Chat.

**Media Spotlight**

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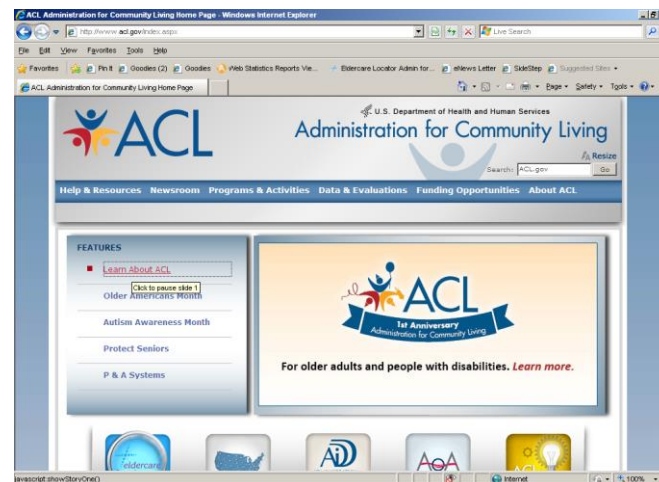


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Website: [www.acl.gov](http://www.acl.gov)

# Contact me

Greg Link, MA

Aging Services Program Specialist

Administration for Community Living

U.S. Administration on Aging

Washington, DC

[Greg.link@acl.hhs.gov](mailto:Greg.link@acl.hhs.gov)

